

# Faith & Fitness Instructor

## Masterwork Academy



### Our vision

Masterwork Academy is a ministry of First Church Tulsa. Established in 2017 and framed by a Christian worldview, Masterwork Academy provides training in the fine arts for under resourced students who would not otherwise have the opportunity to pursue formal arts education.

Our vision is to see every child who participates in Masterwork come to live into their identity as a Masterwork through the transforming power of Christ. We pursue this vision through our mission of cultivating in children a love for Jesus through mastery in the arts.

First Church Tulsa is an orthodox and evangelical faith community in the Reformed tradition, called to make fully-devoted followers of Jesus Christ: inwardly strong, outwardly focused. Our belief statement can be found here:

<https://firstchurchtulsa.org/about/beliefs>

### The role

The Faith & Fitness Instructor will train Masterwork students, ages K – 5th grades, in the arena of physical fitness. With a particular focus on making progress physically, each student is baseline tested at the beginning of every semester and retested mid-semester and at the semester break. Elements of the Presidential Fitness Program are employed. Masterwork is also concerned with making sure our students are on track and at age-level for gross motor skill development.

The Faith & Fitness Instructor will help Masterwork students understand that they are “fearfully and wonderfully made” (Psalm 139:14), that our bodies are the temple of the Holy Spirit (1 Corinthians 6:19), and that “while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come (1 Timothy 4:8).

Essential Functions	Scope & Benefits
70% Teaching Fitness Classes.	Part-time, School year + 2 weeks in summer
25% Preparing Lesson Plans.	Regular, based on 20 hours per week
5% Administrative, meetings, events, other duties as required.	Non-Exempt

### Statement of Understanding

I have received, read and understand the general requirements of this job (cont. on page 2).

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Manager

\_\_\_\_\_  
Date

## Key responsibilities

- Teach children about God by helping them understand how their created bodies work and how to keep themselves physically fit.
- Teach children the principles of teamwork:
  - Encouraging and supporting teammates
  - Leadership and following the captain's lead
  - Good sportsmanship
  - Learning game rules (as applicable)
  - Working together
  - Communication
- Teach children the principles of individual training:
  - Setting personal goals
  - Discipline of training
  - Learning exercises
  - Learning to challenge and push themselves
- Plan and execute a balanced fitness program.
- Help children develop an appreciation for physical fitness.
- Instruct on proper play, care, and storage of equipment.
- Maintain the school-owned equipment in an exemplary manner.
- Evaluate each student's growth, performance, and developmental level.
- Assist the Principal in training volunteers to serve in the gym.
- Build positive relationships at all Masterwork points of contact.
- Develop and maintain a classroom record as part of the Masterwork database.

## Expectations

- **Internal:** Reports to Executive Director of Masterwork Academy and works closely with the Principal.
- **External:** Works directly with the students. Also builds relationships with Masterwork families and the community.

## Key skills and experience required

- Must enjoy working with children!
- Biblical knowledge is required.
- Experience coaching, as a trainer, or a fitness instructor.
- Knowledge of teaching methods, classroom management, and child psychology.
- Ability to communicate with children using both concrete and abstract concepts.
- 3+ years of experience teaching children is a plus.
- Use best practices for warm-up and cool-down to avoid injury.

## How to apply

Email and/or send resume to [tmoseley@firstchurchtulsa.org](mailto:tmoseley@firstchurchtulsa.org) or call 918-584-4701. For additional information about the role, call Jenette McEntire, Masterwork Academy Executive Director, at 918-954-1101 or email [jmcentire@masterworkacademy.org](mailto:jmcentire@masterworkacademy.org).