



The Nineteenth Sunday after Pentecost
October 4, 2026
11 a.m. worship, Sanctuary

First Presbyterian Church of Tulsa

Called to make fully-devoted followers of Christ, inwardly strong and outwardly focused.

Mark Part 1

The Gospel of the Kingdom

The Words of Preparation

All sorrows are less with bread.

Miguel de Cervantes, *Don Quixote*

To crave and to have are as like as a thing and its shadow. For when does a berry break upon the tongue as sweetly as when one longs to taste it, and when is the taste refracted into so many hues and savors of ripeness and earth, and when do our senses know any thing so utterly as when we lack it? And here again is a foreshadowing - the world will be made whole.

Marilynne Robinson, *Housekeeping*

If I find in myself desires which nothing in this world can satisfy, the only logical explanation is that I was made for another world.

C. S. Lewis, *Mere Christianity*

THE PRELUDE

African Medley
Worship Teams

THE WELCOME

Rev. Cameron Beaty

Please sign, pass, and return the blue friendship register. Visitors, please fill out a "Get Connected" card from the pew back and drop it in the offering plate to receive our E-News updates, and fellowship opportunities.

THE INTROIT 552

May the Peoples Praise You

PROCLAIMING PRAISE

THE CALL TO WORSHIP

Psalm 133 and 134

Elder Patrick Kirunda

Behold, how good and pleasant it is when brothers dwell in unity!

It is like the precious oil on the head, running down on the beard, on the beard of Aaron, running down on the collar of his robes!

It is like the dew of Hermon, which falls on the mountains of Zion!

For there the Lord has commanded the blessing, life forevermore.

Come, bless the Lord, all you servants of the Lord, who stand by night in the house of the Lord!

Lift up your hands to the holy place and bless the Lord!

May the Lord bless you from Zion,

He who made heaven and earth!

So come, let us stand together

And let us worship God!

♦ THE PROCESSIONAL HYMN 7 All Hail the Power of Jesus' Name

CORONATION

THE FIRST READING

Numbers 11:1-9

Rev. James Estes

THE PRAYER OF ADORATION AND CONFESSION

Heavenly Father, we see ourselves in Israel. You deliver us from bondage and give us bread for the journey, yet still our cravings rule us. We hunger for comfort, success, and control; for security,

recognition, and ease. We imagine old bondages as freedom and remember slavery as though it cost us nothing. Though You give us bread in freedom, we long for the fish and meat pots of slavery. Forgive us, Lord. Jesus Christ alone shows us what it is to be truly free. Tempted to feed himself, he trusted the Father. Rather than turning stones into bread, He gave His own body as bread for the world. Free us, then, from every hunger that enslaves us. Nourish us with Christ, the true bread from heaven, and give us the food of which this world does not know. Grant that we may feast on Christ until our desires are made new and, united with Him, we also become bread for the hungry and drink for the thirsty around us. Amen.

THE ASSURANCE OF PARDON

And it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.
Alleluia! Amen!

♦ THE RESPONSE TO CONFESSION

Imela

Worship Team

When I think upon your goodness and Your faithfulness each day, I'm convinced it's not because I am worthy to receive the kind of love that You give. But I'm grateful for your mercy and I'm grateful for your grace and, because of how You've poured out Yourself, I have come to sing this song out in praise!

Imela! Imela! (Thank You! Thank You!) Okaka Onyekeruwa (Great and Might creator of the world), Imela! Imela, (Thank You! Thank You!) Eze m Oh! (My King)

Who am I to sing Your praises? Who am I to worship You? It's Your blood that makes the difference in me and made a way to enter into Your throne. I could not come near Your presence, I could never sing Your song, but the sacrifice on Calvary's tree is the reason I can cry out today! *Refrain*

Onyedikagi? Ekene diri gi, (Who is like You? All Glory belongs to You) Onyene mema! (He who does good)
Onyedikagi? Ekene diri gi (Who is like You? All Glory belongs to You) Onye nagworial! (Mighty Healer)
Refrain

♦ THE PASSING OF THE PEACE

Rev. Julia Metcalf

The peace of Christ be with you! **And also with you!**

♦ THE RESPONSE OF GRATITUDE

The Doxology

Praise God, from whom all blessings flow; praise Him, all creatures here below; praise Him above, you heavenly host; praise Father, Son, and Holy Ghost. **Amen.**

♦ THE AFFIRMATION OF FAITH

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and earth, and in Jesus Christ His only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead and buried; He descended into hell; the third day He rose again from the dead; He ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence He shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy catholic church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. **Amen.**

THE SONG OF PREPARATION**Keep the Feast**

Skye Peterson and Ben Shive

First Church Choristers, Gretchen Bashforth and Carol Tipton, directors

Joyfully we join You at your table, pleading not our righteousness. By your wealth of mercy, we are able now to feast in confidence. *Take this bread and eat. Take this cup and drink. Remember how He loved us; rejoice and keep the feast.* Who is fit to feast with such a Savior? Who His sandals could untie? Who are we that He would show us favor? Granting us this gift of life. *Refrain*

(Congregation joins)

Happy sign of friendship and reunion with the blessed Three in One. Foretaste of that glorious communion, vision of the world to come. *Take this bread and eat. Take this cup and drink. Remember how He loved us; rejoice and keep the feast.*

Remember how He loved us; rejoice and keep the feast.

THE BLESSING OF THE YOUNG DISCIPLES

Rev. Julia Metcalf

THE OFFERTORY**Draw Us in the Spirit's Tether**

Harold W. Friedell

Draw us in the Spirit's tether; for when humbly, in Thy name, two or three are met together, Thou art in the midst of them: *Alleluya! Alleluya!* Touch we now thy garment's hem. As the brethren used to gather in the name of Christ to sup, then with thanks to God the Father break the bread and bless the cup, *Alleluya! Alleluya!* So knit Thou our friendship up. All our meals and all our living make as sacraments of Thee, that by caring, helping, giving, we may true disciples be. *Alleluya! Alleluya!* We will serve Thee faithfully.

♦ **THE SECOND READING****Mark 6:30-44****THE SERMON****The Hungry Heart**

Rev. Cameron Beaty

THE SACRAMENT OF HOLY COMMUNION**THE GREAT THANKSGIVING**

Rev. Wambugu

A Feast Liturgy for The Lord's Supper
(from the Anglican Church of Kenya)

I was glad when they said to me:

Let us go to the house of the Lord.

Let us pray.

Loving Father, we come to Your table as Your children, not presuming but assured, not trusting ourselves but Your Word. We hunger and thirst for righteousness, and ask for our hearts to be satisfied with the body and blood of Your Son, Jesus Christ the righteous.

Amen.

Is the Father with us?

He is.

Is Christ among us?

He is.

Is the Spirit here?

He is.

This is our God:

Father, Son and Holy Spirit.

We are His people:

We are redeemed by His grace.

Lift up your hearts:

We lift them to the Lord.

Let us give thanks to the Lord our God:

It is right to give Him thanks and praise.

It is right and our delight to give You thanks and praise, Holy Father, living God.

From a wandering nomad You created your family; for a burdened people You raised up a leader; for a confused nation You chose a king; for a rebellious crowd You sent Your prophets. In these last days You have sent us Your Son, bringing Your kingdom, revealing Your will, dying, rising, reigning, remaking Your people for Yourself. Through Him you have poured out your Holy Spirit, filling us with light and life. Therefore, with angels, archangels, and all in heaven, we proclaim Your great and glorious name, forever praising You and saying:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of Your glory, Hosanna in the highest!

THE PRAYER OF BLESSING

Rev. Cameron Beaty

THE WORDS OF INSTITUTION

THE SHARING OF THE BREAD AND CUP

THE COMMUNION MUSIC

Behold the Lamb

Keith Getty and Stuart Townend

Chancel Choir

Behold the Lamb who bears our sins away, slain for us, and we remember the promise made that all who come in faith find forgiveness at the Cross. *So we share in this bread of life, and we drink of His sacrifice as a sign of our bonds of peace around the table of the King.* The body of our Savior Jesus Christ, torn for you, eat and remember; the wounds that heal, the death that brings us life paid the price to make us one. *Refrain.* The blood that cleanses every stain of sin, shed for you, drink and remember he drained death's cup that all may enter in to receive the life of God. And so with thankfulness and faith we rise to respond, and to remember our call to follow in the steps of Christ as His body here on earth. As we share in suffering we proclaim Christ will come again! And we'll join in the feast of heaven around the table of the King, my sovereign King.

Nothing But the Blood/O the Blood

Worship Team

What can wash away my sin? Nothing but the blood of Jesus. What can make me whole again? Nothing but the blood of Jesus.

O precious is the flow that makes me white as snow. No other fount I know, nothing but the blood of Jesus.

For my pardon this I see; nothing but the blood of Jesus. For my cleansing this my plea; nothing but the blood of Jesus. *Refrain*

Nothing can for sin atone, nothing but the blood of Jesus. Naught of good that I have done. Nothing but the blood of Jesus. *Refrain*

This is all my hope and peace, nothing but the blood of Jesus. This is all my righteousness, nothing but the blood of Jesus. *Refrain*

O the blood of Jesus. O the blood of Jesus. O the blood of Jesus, it washes white as snow.

THE PRAYER OF THANKSGIVING

Rev. Wambugu

♦ THE LORD'S PRAYER 268

The Lord's Prayer

MALOTTE

♦ THE CHARGE AND THE BENEDICTION

THE POSTLUDE

Improvisation on the tune CORONATION

♦ Please stand

+++

Greetings in Christ!

We are glad to welcome you to worship! We are a community that seeks to lift high the name of Jesus and to serve the common good. If you are here for the first time, we pray that you will sense Christ's presence and the warmth of this congregation.

If this is your first time worshipping with us, please come to the Miller Library after the 11:00 a.m. worship service for First Connections. You will be welcomed by our staff and receive a gift. For more information, fill out a *Get Connected Card* or contact Emma Myatt at 918-857-5652 or emyatt@firstchurchtulsa.org.

PARISH REGISTER

Prayers for Healing: Lisa Angleton, Nifemi Aruna, Jane Azlin, Steve Brill, Gary Casteel, Randy Corelli, Teresa Corelli, Judy Doyle, Larry Doyle, Martha English, Daphne Faries, Debi Foster, Janice Garbart, Gaye Graeler, Rita Graeler, Esther Harper, John Harris, Cynthia Hill-Meriwether, Brenda Johnson, Don Johnson, Amy Lesh, Margaret Martinson, Ann McKellar, Jon Mercer, David Osterholt, Carolyn Perryman, Dennis Powon, June Shults, Bob Shipman, Alex Smith, Andrea Smith, Kinnee Tilly, Marcia Tromp, Gretchen Wagner, Susan Waldie, Janetta Williamson, and Rhonda Wilson.

With Gratitude for the Resurrection: Glenn Leslie, a member since April 2001, died on September 28.

WORSHIP NOTES

Services are broadcast on Cox channel 3 (each Sunday) at 11:00 a.m., 5:00 p.m., and 10:00 p.m., on the FPC Facebook page, or [FirstChurchTulsa.org/YouTube](https://www.firstchurchtulsa.org/YouTube).

For those who need hearing assistance in the Sanctuary or Stephenson Hall, audio headsets are available from the ushers. Large-print hymnals and Bibles are also available.

Our Letters of Blessing today go to Jake and Lydia King, Laura Fairchild and Martha English.

The flowers that adorn the Sanctuary today are given to the glory of God and in memory of J. M. Hall by the J. M. Hall Foundation.

Thank you for your faithful support: Weekly tithes and offerings to the Lord may be given electronically at [firstchurchtulsa.org](https://www.firstchurchtulsa.org), by texting 405-276-4141, or using the QR code.

Words for today's music are covered by CCLI License #1445558 and CCS PERFORMmusic License #PML11227



FIRST CHURCH UPDATES

Congregational Calls: The Session has approved an effort for elders, deacons, and staff members to call every member of FPC in the coming weeks. The purpose of these calls is to ask how the church can better support members' life in Christ. General responses from these calls will be reported back to Session to ensure that the church is meeting the needs of our members. Confidential requests will be forwarded to the appropriate people.

HAPPENING TODAY

First Family Dinner: After the service, join us in Stephenson Hall and the courtyard for a First Family dinner featuring foods from around the world.

EVENTS THIS WEEK

Book Table: You can purchase C. S. Lewis, *The Screwtape Letters* at the book table for Rev. Beaty's Monday lunch class.

Lunch with C. S. Lewis: Starting on Monday, October 5, at 11:45 in the Miller Library, Rev. Beaty will lead us in conversations exploring C. S. Lewis's *The Screwtape Letters*. To reserve lunch (\$7), please click the QR code.



Organ Concert: Next Sunday, October 11, you are invited to the 53rd Annual Organ Concert presented by Ron Pearson at 4:00 p.m. in the Sanctuary. The University of Tulsa Chamber Orchestra will add their musical gifts to the program, and a reception will follow in the Miller Atrium. Invite a friend!

UPCOMING EVENTS

Membership Classes: Explore what it means to be a member of First Church, make First Church your home church, get to know our pastors, elders, staff and other new members as we grow together as disciples of Jesus Christ. We begin with breakfast on October 11 at 9:30 a.m. in the Miller Library. (Scan the QR code to register for breakfast.)



The classes are on Sunday, October 18, 25 and November 1 at 9:30 a.m. in the Miller Library; the Covenant Service is on Sunday, November 8 in the Kerr Chapel. For more information contact Emma Myatt at 918-857-5652. Scan the QR code to register for the class.



Fall Festival: Mark your calendar for the afternoon of Sunday, October 25 at Camp Loughridge. More details to come!

Presbyterian Women Groups: Esther Circle meets on the third Thursday at 10:30 a.m. in room 202; the Priscilla Circle meets the first Wednesday at 6:30 p.m. in room 206; the Soup Group meets on the third Thursday of the month at noon in the Miller Library; the Project Day group meets on the first and last Thursday of the month at 9:00 a.m. in room 405.

USE YOUR TALENTS

Presbyterian Women's October Mission: We are supporting two worthy local missions for the month of October. For the Helping Hands Ministry we are collecting toiletry items. Clients who visit HHM are grateful for the many ways First Church members contribute and bless them with much needed supplies. And for the Tulsa Day Center for the Homeless we are collecting winter weather clothing such as hats, mittens, warm scarves, coats, sweaters, new socks and new underwear. Donations may be placed in the PW collection bin located in the Atrium on Sunday mornings and Wednesday evenings.

Come, Grow Your Faith!

TODAY 10/4

8:45 am Rejoice Ringers, 309
 9:15 am First Church Choristers, 308
 11:00 am Worship: Sanctuary

Monday 10/5

11:45 am Lunch with C. S. Lewis, Miller Library
 12:00 pm Men's Monday Bible Study, E103
 7:00 pm Overtones Rehearsal, 309

Tuesday 10/6

9:30 am Precept Bible Study, E102

Wednesday 10/7

5:15 pm Wednesday Night Dinner, Stephenson Hall
 5:45 pm Gloria Women's Choir, 308
 6:00 pm Awana, POW, Mass Exodus
 6:15 pm Adult Classes
 6:30 pm Chancel Choir, Choir Room

Thursday 10/8

10:00 am Hearts for the Lord, E313

Saturday 10/10

8:45 am Before the Rooster Crows, E103

Adult Sunday School Classes at 9:30 a.m., October 11

Cornerstone	Philippians	E102
Covenanters	<i>Daniel</i>	E101
Faith and Family	<i>Book of John</i>	206
Families w/Young Children	<i>Ephesians</i>	Tower Room
Foundations	The Word of God Written	E104
Harbingers	Jesus the King	E202
Morning Glory	Prayer and Sermon Texts	B318
Reflections	<i>Genealogical Gems of Jesus</i>	E103
Shepherds	Insights into FPC's Mission Partners (Kenya, Ireland and the Asian Subcontinent)	E203
Sojourners	Grassroots Spirituality	E204
Sowers	<i>Book of Haggai</i>	E205
The Vine	Class-led Study	E100
Westminster Forum	<i>The Case for Miracles</i>	E200
Young Couples	<i>Lesson on Love</i>	E201